

*"There is an Indian belief that everyone is in a house of four rooms:
A physical, a mental, an emotional and a spiritual.
Most of us tend to live in one room most of the time,
but unless we go into every room every day,
even if only to keep it aired,
we are not complete."*

Rumer Godden, English novelist

If you say you are going to start going to the gym.....do you?

If you say you are going to spend more time with your children.....do you?

If you say you are going to lose weight.....do you?

If you say you are going to go home on time.....do you?

If you say you are going to eat better.....do you?

If you say you are going to stop drinking / drugs / sex / betting.....do you?

If you say you are not going to lose your temper again.....do you?

If you say you are not going to shout at your kids.....do you?

If you say you are going to take your lunch hour and get out and relax.....do you?

If you say you are not going to get uptight driving again.....do you?

If you say you are going to take your holidays and not be on your phone or lap top.....do you?

If you answer no to any of the above you will be constantly weakening any leadership capability you have.....and quite possibly 'leaning' on your management position as boss or parent and thus limiting not only your life, but probably also the life of your children to reach their full potential.

Leadership is about expanding the future.

Management is about controlling today.

Leadership.....are you up for it?

"The difference between leaders and managers - is that leaders make the whole organisation more fun, successful and safe (Selfless) - managers make more money for the elite few and protect themselves at the cost of others - unsafe (Selfish)."

Simon Sinek

**If you wish to explore the use of EQ and values in your appointment process organisation – email or call me.
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