

visioned by

FQUR

...growing from within...

THE BRITTLE IQ BELIEF OF THE BELITTLING BOURGEOISIE

In modern times, for young women in particular and increasingly pervasive in the world of young males, body image issues are a major concern linked to what is considered as beauty. The measurement of this is usually dress size, with the continuing debate in recent times about the ethics of size zero models, and size 6 considered the norm.

There exists huge societal pressures that result in illnesses like bulimia, anorexia, self-harm and depression - simply because people do not 'fit' with what is seen as the 'right dress size or body shape'.

And if you recognise this damaging societal pressure of image alignment - let me offer you another, one which is even more endemic, more pervasive and far more destructive, which has been present since the concept was created in 1902.

This elitist measurement has become the 'norm' in the Western world since the 1930s and is now so endemic, that certainly in Scotland, in my belief, more than half of our young people are damaged for life by being told they are failures by the time they are 14.

This test has remained more or less the same for over 100 years - imagine if maths or medicine had remained the same for that period of time?

Cyril Burt, who was Knighted by the Queen in 1946, wanted to restrict the poor from reproduction and his belief was that the rich could pass on higher IQ to future communities! He was a big advocate of eugenics - which kinda lost its way with Hitler!

He introduced this test to every child in the UK by 1931 and was responsible for introducing a test which was the key factor in determining each child's educational future.

He believed genetics was 80% of this 'ability' - now seen as a 40/60 between nature and nurture. In 1946 he was knighted for his contribution to psychological testing and after his death much of his research, especially into monozygotic twins was seen as fabricated.

What's even worse, is that governments today, STILL endorse, support and finance it through constant testing of every young person and almost all organisations not only use it, but also promote and employ simply because of it!!!

In fact no child in the Western world can

escape this at times crippling methodology...

It is therefore far far more damaging, limiting, debilitating and more responsible for ill health and dis-ease than any present body shape concept.

What is it.....?

It is the labeling and numbering of every person by an IQ scale that is flawed, narrow and brittle, through a schooling system set up by the intelligencia to protect its own 'currency' of control and credibility.

Before IQ was created by Alfred Binet in Paris France in 1902 - to ensure that the 'idiots' did not get into the new and expensive first state schools, (thus creating a 'divisive' test, which it still is) people operated on the basis of their human and social ability to get on with others and to create communities and families of trust.

Businesses were created by creative people who could serve others where poor behaviour had consequences; thus they went out of business if they cheated or lied about what they did or what they provided.

Now of course, as we have seen by the very people who were and unfortunately still are, meant to be custodians of our money - the banks, the world as we know, can almost be destroyed by selfish cleverness and short term greed. Organisations based on competence and not character; IQ not EQ, money not morals, processes not people, are the real deeper danger to society today. Such short term goals, to make as much money as we can, in as short a time.....are to the fore.....nothing sustainable, healthy or interdependent there then!

Even the universities now, are becoming money making establishments that increasingly value foreign students due to the income that they bring. This is especially the case in Masters Degrees and Principals are now paid according to their financial acumen and outcomes.

The citadels of knowledge are more focussed now on banking before brains, wealth before wisdom and research before respect and their position in the university league tables than in healing our hearts.

And if we look behind the numbers and the money in these manufacturing assembly lines of forced hatcheries, we actually find that in general, the students come out with less self

esteem than they go in with, especially in their year of such intellectual mastery - their Masters Degree!

Edinburgh University did its own study and this trend was so evident that, I was employed in an attempt to balance this through enhancing EQ.

So even in the very high echelons of Masters Degrees, never mind simple Ordinary or Honours degrees - the top 2% of society is becoming less happy with themselves in general, as they supposedly achieve higher IQ awards (or lower dress sizes).

There are of course no official EQ 'awards / qualifications' in such heralded establishments totally focused on the narrow cognitive mind. No focus to enable people to crucially know and control self, before attempting to lead and enable others.

We do not have an education system we have a schooling regime.

No time is made in the 'schooling' facilities (as compared to educational) for human values and compassion in such prime locations of especially Western hierarchical power and influence. Do most Government Cabinet Ministers come from two such narrow elitist 'schools'?

Schooling – from Greek 'Schole' meaning 'to put into'

Education – from Latin 'Educare' meaning 'to lead out of'.

As we attempt to create more caring and compassionate societies, especially after the events of 2008, have we really learned anything?

When we bailed out the banks with public funds - we once more acceded to the power of IQ, short term, hierarchical, Newtonian, black and white, right and wrong, command and control, money based, management styled, cognitive thinking.

So, in amongst this process of people losing their self-respect and self-esteem - leading to a similar dis-ease in their families and communities, in the drive for the best IQ number or achievement - as per the 'best' dress size; where does that lead us with such a divisive and destructive selfish focus, creating more and more physical and psychological pain and illness?

The Real 'IQ Outcomes' Table			
Societal View	Dress Size	IQ Score	Resultant illnesses (for those who are not naturally at each level)
Excellent	0-6	PhD	Danger to life, extreme stress and poor self-image
Great	8-10	Masters	Constant struggle to succeed, never good enough, low self-esteem, depressive illnesses
Good	12-14	Degree	Stress to find place in society & lower self esteem
Average	16	Highers	Stress & alienation from peers & preset expectations
Poor	18-20	Standard grades	Low self esteem & low expectations & low schooling focus - left out by society
Awful	20-30	No qualifications	Lowest self esteem - lowest expectations - informed they should not follow their dreams - excluded from most of what is 'schooling' and what should be 'education' - often discarded by society

(I am also aware that certain people are naturally size 0-6 just as many people are naturally intellectually - cognitively IQ gifted and there is no 'stress' to be so. I am talking in general here - about what society 'thinks' to clearly make my point)

Due to this entrenched mindset we place more and more narrow cognitive expectations our young people, long before they can become balanced and mature adults.

In fact what is apocalyptic, is that our governments and schooling establishments (as compared to educational establishment of which there are few - e.g. Steiner schools) are far more damaging than magazines and TV adverts, holding up an ideal about what the most desirable body shape is.

Our psychiatric wards and eating disorder clinics are a result of such narrow, brittle and judgmental thinking in the establishments which should be doing the opposite.

To keep publishing schools league tables (although some would say we should not - yet we have conditioned parents into wanting them) and to continually compare our exam passes with other nations is quite simply contemptuous, if we wish for happier, contented and balanced young adults.

Why don't we publish the Scottish knife crime, alcoholism, prison population per capita, suicide rates, obesity rates et al in the same chart - and see how this type of IQ alienation affects our society.

We have become slaves to such narrow measurement and numbers and as such, slaves to societal pressures of the intelligencia and governments.

The only numbers that initially really matter, are our happiness scores and our own ability to know and control our health

numbers (heart rate, blood pressure, body fat percentage, visceral fat percentage, cholesterol levels, and weight).

If we educated our children about these life numbers as their start in life and NOT their IQ numbers - we would not have the obesity epidemic that is killing the Western world and filling our hospitals with people who expect the NHS to fix them!

We have created almost a totally NHS dependent society while alienating over half of them intellectually by some one hundred and ten year old divisive test, which measures, packages and labels everyone in our society from the age of 5.

We rile at the photogenic tale of beauty and yet the real culprit for most illness and sickness and alienation is the very governmental system we use to measure everyone that is born.

Let us recognise what is truly important in a caring and compassionate society - the heart and one's character. Not just their ability to memorise facts and solve problems!

Yes we need competence AFTER we require character (values).

We need the clock AFTER we need a compass (direction).

We need head AFTER we need heart (integrity).

We need brains AFTER a healthy body.

Ahhhhh.....but that would be FAR too challenging to measure - it would be dependant upon subjective interactions.....human feelings and we cannot have that in this sterile, clever and aestheptic world can we?

Wisdom is what is lost as we pursue the clever society.

Education is what is lost as we pursue schooling.

Happiness is what is lost as we pursue cleverness

Trust is what is lost as we pursue riches.

Balance is what is lost as we pursue specialisms.

And as such - at risk is the future health of our children and our nation.

"Education is what is left after we forget what we have been taught."

Tom Sawyer

If you wish to explore the use of emotional intelligence (EQ) in your organisation – email or call me.

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